

Insight Youth Mentorship Program

Mentor Role Description



Purpose of the Role

To develop a mentorship relationship one-on-one with a young person focused on learning about the world of work, exploring potential career paths and developing the skills they will need to successfully transition to employment, post-secondary education, or other training.

Time Commitment

An average commitment of 2 hours per week for up to 5 months which includes training, meetings with the Mentee, attending Mentoring events, and communication. As long as there is consistent communication the time commitment can be flexible.

Mentor Responsibilities

- Meet regularly with the Mentee to facilitate career-focused discussions
- Support the Mentee to develop and reach their career and personal goals
- Empower the Mentee to make their own decisions about their career and personal development
- Occasionally attend Team Mentoring Sessions and/or Connector Events

Qualifications

- Established professional in the community, committed to the development of youth
- Be capable of meeting the Mentee at various locations throughout Kingston
- Be willing to adhere to all InSight policies and procedures
- Complete the screening process, including vulnerable-sector police records check
- Be at least 18 years of age

Training and Resources Provided

You will receive an initial training and resource package as well as monthly Mentor-specific training and continuous support by Program Facilitators.

Match Support & Supervision

InSight Program Facilitators will communicate consistently to provide support, address questions or concerns, and to receive feedback about the mentoring partnership.

Matching Process

Matches will be made on the basis of interests, career skills and interests, and personality of both the Mentee and the Mentor.

Benefits for Mentors

- Reference letter upon successful completion of the program
- Professional development and personal growth
- Develop engaging and meaningful relationship with youth